

THE VOICE OF HEALING



...heralding the healing power of Christ!

1st Quarter 2026



WHAT IF SYMPTOMS PERSIST?

Dr Anointed Tende

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DR ANOINTED TENDE

- The spirit of a man will sustain him in sickness, but who can bear a broken spirit? — Proverbs 18:14 (NKJV)
- A healthy spirit conquers adversity, but what can you do when the spirit is crushed? — Proverbs 18:14 (MSG).

Strength for Your Days

The Bible tells us that “the spirit of a man will sustain him in sickness.” This means that when you face illness or any kind of trial, it is not your body that determines victory, it is the strength of your spirit.

As believers, Jesus has already paid the full price for our healing. Yet there are times when the enemy attacks our bodies with persistent symptoms to test our faith. What do you do then? How do you stand firm when the pain lingers, or when the manifestation of your healing seems delayed?

Many have given up too soon, not because God failed them, but because they didn't know what to do in the waiting.

Your will to live can sustain you when you are sick, but if you lose it, your last hope is gone. — Proverbs 18:14 (GNT)

Your will to live is crucial when your body comes under attack. A strong spirit refuses to quit, no matter the symptoms or reports. That inner strength is built through the knowledge of God's Word. When you know what God has said about your health, you find the courage to stand even in pain.

Never surrender to sickness. Don't let your spirit bow. As long as your will to live is alive, your healing is still possible. But if you give up inside, no one else can help you. Hold fast to the Word, because victory begins in your spirit.

This article presents a checklist of spiritual principles to apply when symptoms persist. These are truths proven and tested; principles that work every time.

1. Listen to Your Heart for Divine Instructions

Counsel in the heart of man is like deep water, but a man of understanding will draw it out.
—Proverbs 20:5 (NKJV)

When faced with sickness or any form of adversity, the Holy Spirit leads us from within. The answer to every situation is already present in your spirit.

A strong spirit sustains you through every season of sickness or adversity.

When symptoms appear, pause and listen to your heart.

The Holy Spirit may quicken a Scripture to you, remind you of a message you once heard, or whisper a simple instruction.

Sometimes that instruction may be, “Spend more time meditating on this verse,” or “Rest,” “Drink more water,” “Lose some weight,” or even “Go to the hospital.”

No matter how simple it seems, obey it. That is where your answer lies. The Holy Spirit knows what is wrong with your body, and He knows exactly how to fix it.

This is one of the first things I do whenever symptoms appear in my body: I quiet myself and listen for

divine instruction in my heart. God leads us through our spirit, and those gentle promptings within are His way of speaking to us.

He sent His Word and healed them, and delivered them from their destructions. — Psalm 107:20 (NKJV).

When symptoms arise, God often sends a Word to your heart. The Word that comes alive within you, that quickens your spirit, is the one He has sent for your healing. When that Word comes, stand on it. Act on it. Meditate on it until your healing fully manifests.

And remember, the Word God sends to you today may differ from the one He gave you during a previous challenge. With every situation comes a fresh rhema Word from God. Listen closely to your heart for that Word, it carries your healing.

2. Check Your Love Walk

For in Christ Jesus neither circumcision nor uncircumcision avails anything, but faith working through love. — Galatians 5:6 (NKJV)

Faith cannot function outside the atmosphere of love.

Your faith will never be effective in an environment filled with offence, bitterness, or strife. One of the primary ways the devil gains access into the life of a believer is by enticing him to walk in bitterness and offence. These attitudes open the door of your life wide for the enemy.

For where envying and strife is, there is confusion and every evil work.

— James 3:16 (KJV).

The Bible tells us clearly that wherever envy and strife exist, confusion and every evil work will follow. Sickness and disease are part of those “evil works.” So, don't allow the enemy to afflict you by harboring bitterness or resentment.

Do not let the sun go down on your wrath, nor give place to the devil. — Ephesians 4:26–27 (NKJV)

You are the one who determines whether the door of your life stays open or closed to the devil. The way to keep it closed is by walking in love. Don't create an entry point for the enemy through offence or unforgiveness.

You may even have a justified reason for holding on to hurt. But if your health is important to you, you must

let go of the offence and receive your healing. I often ask people who tell me, “*I can't forgive them; the pain is too much,*” one simple question: Which is more important to you—the hurt or your health? If your health matters more, then release the hurt and choose to walk in love.

A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another.
— John 13:34–35 (NKJV).

Love is the New Testament commandment. In the Old Testament, healing was guaranteed for those who obeyed God's commandments:

So, you shall serve the Lord your God, and He will bless your bread and your water. And I will take sickness away from the midst of you.
— Exodus 23:25–26 (NKJV)

In the same way, in the New Testament, healing is guaranteed for those who keep the commandment of love. When you choose to walk in love toward others, you close every

door the enemy could use to attack your body.

Therefore, when symptoms come and persist, check your love walk. Make sure your heart is free from bitterness and that you are walking in love toward all men. Refusing to walk in love can cost you your health.

Finally, all of you should be of one mind. Sympathize with each other. Love each other as brothers and sisters. Be tenderhearted, and keep a humble attitude. Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and he will bless you for it.

**The voice of
the Holy Spirit
within you
always carries
the answer
you need.**

For the Scriptures say, 'If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies. Turn away from evil and do good. Search for peace, and work to maintain it. The eyes of the Lord watch over those who do right, and his ears are open to their prayers. But the Lord turns his face against those who do evil.' — 1 Peter 3:8–12 (NLT).

If you truly want to enjoy life and see many happy days, walking in love is not optional, it is mandatory.

3. Feed on God's Word (Especially Healing Scriptures)

My son, give attention to my words; incline your ear to my sayings. Do not let them depart from your eyes; keep them in the midst of your heart; For they are life to those who find them, and health to all their flesh. — Proverbs 4:20–22 (NKJV).

The Hebrew word translated “health” in this passage literally means medicine. That means that whatever medicine does for your body, God's Word does even more for your spirit, soul, and body. It has both preventive and curative power.

If you are healthy, the Word will help you maintain your health. If symptoms appear, the Word will heal you. The key is to feed on it consistently and intentionally. Healing doesn't come by casually glancing at Scripture; it comes by giving your full attention to the Word of God until it dominates your heart.

When symptoms persist, don't panic; take your prescription from heaven. Spend time feeding on the Word, especially Scriptures that talk about healing and divine health.

- **Read** healing materials.
- **Listen** to faith-filled messages.
- **Confess** the Word over your body daily.

Let the Word of God saturate your mind and spirit until it begins to shape your words, thoughts, and expectations.

The same way a doctor might instruct you to take medication twice or thrice daily, treat the Word the same way — take it morning, afternoon, and night. And if symptoms persist, don't reduce the dose, increase it! Double your time in the Word. Double your meditation. The Word of God has never failed.

**Faith works
best in the
atmosphere
of love.**

*He sent His Word and healed them, and
delivered them from their destructions.*
— *Psalm 107:20 (NKJV)*

The Word God sends to you personally is the Word that heals you. Often, it is not just the general truth of Scripture, but a specific verse or passage that comes alive in your spirit. When that happens, don't take it lightly, that is the Word sent to you. Feed on it until your healing manifests physically.

How to Take God's Word as Medicine (Proverbs. 4:20-22)

- **Give the Word of God your Undivided attention** — Focus your mind on what the Word says, not what the diagnosis or symptoms say.
- **Incline your ear** — Listen to messages and scriptures on healing day and night. Faith

comes by hearing (Romans 10:17).

- **Keep it before your eyes** — Read healing Scriptures regularly. Let your eyes see the promises of God more than medical reports. What you see is what you will get.
- **Store it in your heart** — Meditate on the Word until it takes deep root in you. Speak it to yourself until you believe it more than you believe your feelings.
- **Confess it continually** — Say what God says about your health until your body agrees with the Word.

If you will take enough of the Word long enough, it will heal you. God's Word has never failed anyone who stayed with it.

So, when symptoms come, whether mild or severe, take the Word like medicine. Stay on it until your body aligns with what God has said. The medicine of the Word has no overdose, no expiry, and no side effects.

4. Maintain Your Confession as the Healed

Therefore, do not cast away your confidence, which has great reward. — Hebrews 10:35 (NKJV).

When symptoms appear, one of the greatest battles you will ever face is the battle of confession. It is easy to declare “I am healed” when everything feels fine, but it takes real faith from understanding of God's Word to maintain that confession when your body seems to say the opposite.

Yet this is the path of victory. Healing is not received by feelings, but by faith. Your words must agree with what God has said, not with what your body is saying. The moment you begin to speak contrary to the Word; you give Satan the right to keep enforcing those symptoms.

Faith is not denial of facts; it is declaring the truth of God's Word in the face of contrary facts.

Let the weak say, 'I am strong.'
— *Joel 3:10 (NKJV)*

If the weak must say they are strong, then the sick must say, “I am healed.” Not because the symptoms

have disappeared, but because God's Word says so.

“...By His stripes you were healed.”
— *1 Peter 2:24 (NKJV)*

Notice that it says “you were healed,” not “you will be.” That means healing is already a finished work. You are not the sick trying to get healed, you are the healed resisting sickness that the devil is trying to put on you.

Every time symptoms come, refuse to surrender your confession. The Bible calls it the good fight of faith (1 Timothy 6:12) because faith always involves holding fast to your confession in the middle of contradiction.

“Let us hold fast the confession of our hope without wavering, for He who promised is faithful.” — *Hebrews 10:23 (NKJV)*

When you speak God's Word, you align your mouth with heaven's reality. When you keep speaking it, you establish it on earth. Even if your feelings haven't changed yet, your words are shaping what will soon manifest.

Your confession is not about impressing God; it is about expressing your faith in His finished work.

Your words set the boundaries for what God can do in your life. Proverbs 18:21 says, *“Death and life are in the power of the tongue, and those who love it will eat its fruit.”*

If you continually talk about sickness, you will have more of it. But if you talk about healing and health, the power of God will rise in you to produce it. What you say consistently, you will eventually see physically.

Here's a powerful truth: Confession brings possession. What you keep confessing, you will eventually possess.

Keep your eyes on the Word, your heart full of faith, and your mouth in agreement with the Word of God. The moment you stop confessing the Word, you stop enforcing your victory.

***The Word of
God is medicine
to your body;
take it daily and
consistently.***

Symptoms are liars. God's Word is truth. Don't let the temporary dictate your testimony. Keep declaring the Word until your body bows to it.

We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak. — 2 Corinthians 4:13 (KJV)

Believing and speaking are the twin pillars of faith. What you believe in your heart must come out through your mouth. That's how faith is released, and that's how healing manifests.

Child of God, don't change your confession just because symptoms linger. Hold fast to it until the manifestation comes. Your words are seeds, keep sowing them until the harvest appears.

You are the healed of the Lord, not because you feel it, but because His Word says so. And that Word is final.

5. Thank God for Your Healing

He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God. Romans 4:20 (NKJV).

Thanksgiving is one of the highest expressions of faith. When you thank God before the answer manifests, you are declaring that you believe His Word more than your symptoms.

Abraham gave glory to God long before Isaac was born, and it strengthened his faith. Likewise, when you thank God for your healing even while symptoms persist, you are demonstrating unshakable confidence in His Word.

Faith does not wait to see before it rejoices; it rejoices because it has believed. The moment you start thanking God for what He has already done in Christ, you experience the manifestation of His power.

Now thanks be to God who always leads us in triumph in Christ.
— 2 Corinthians 2:14 (NKJV)

Notice the word “always.” God’s will is that you live in constant triumph—spirit, soul, and body. But victory must be maintained with thanksgiving. Complaining magnifies the problem, but thanksgiving magnifies the promise.

Many believers lose their healing not because the devil is powerful,

**Maintain your
confession—never
speak contrary
to what the
Word declares.**

but because they stop being thankful. The moment you start complaining, “*I thought I was healed, but the pain is back,*” you give the enemy the legal ground to reintroduce symptoms. Gratitude, on the other hand, keeps your faith alive and your focus fixed on what God has done.

Whenever you sense fear, anxiety, or doubt creeping in, begin to thank God deliberately. Say out loud:

“Father, I thank You because by the stripes of Jesus, I was healed. I thank You because Your Word is working mightily in my body. I thank You because every cell, every organ, every tissue is responding to Your healing power.”

Thanksgiving is not a suggestion; it is a weapon. It shuts the mouth of the adversary and keeps your spirit

***Faith and
patience always
inherit the
promise.***

strong- Psalm. 8:2; Matthew. 21:16.

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. — 1 Thessalonians 5:16–18 (NKJV)

Even in the midst of symptoms, there is always something to thank God for. Thank Him for who He is. Thank Him for His Word. Thank Him for the finished work of Christ. Thank Him because healing is yours. Thank Him because every day you are stronger than yesterday.

As you keep your heart in thanksgiving, your focus shifts from the pain to the promise, from the sickness to your healing.

Thanksgiving keeps your faith active and draws the reality of healing into manifestation.

When full healing manifests, don't stop thanking Him. Thanksgiving after victory preserves what faith obtained before victory.

Never forget: you are not the sick seeking healing; you are the healed maintaining your victory. So, when symptoms come, don't panic, double up in your praise to God.

Your healing is not about to happen; it has already happened.

Thanksgiving simply brings it into full view.

So, lift your voice and say with confidence: *“Thank You, Father, that I am healed! The life of God is flowing through me right now, bringing strength, vitality, and wholeness to every part of my body!”*

- Thank Him until joy overflows.
- Thank Him until the pain disappears.
- Thank Him until your body aligns completely with the truth of His Word.

Thanksgiving is the language of faith, and faith is the victory- 1John. 5:4.

PRAYER OF FAITH

Father, I thank You for Your unfailing Word and Your healing power at work in me. Even when symptoms persist, I choose to believe what You have said over what I feel. By the stripes of Jesus, I was healed—therefore I am healed now.

I refuse to walk in offence or unbelief. I open my heart to love, to Your leading, and to Your peace. Let Your Word be life to my body and strength to my spirit.

Thank You, Lord, for full restoration and divine health. I receive it now, by faith, in Jesus' Name. Amen.



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